

# Greenwood Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3  Meatballs in Marinara Sauce on Hoagie Bun Chicken Tenders Sala Saltine Crackers Corn on the Cob Tossed Salad w/ Dress Applesauce Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Dec - 4  Red Beans and Rice with Sausage Chef Salad Saltine Crackers Southern Mustard Gre Yam Patties Sliced Strawberries Assorted Fruit Juices Cornbread Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Dec - 5  Grilled Chicken Sandwi Tuna Salad with Crack Saltine Crackers Crinkle Cut Fries Assorted Vegetable Jui Fruit Cocktail Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Ketchup Mayonnaise Mustard, PC, MS1538	Dec - 6  Vegetable Beef Soup Chicken Salad w/Crack Saltine Crackers Glazed Carrots Southern Green Beans Fresh Oranges Assorted Fruit Juices Cornbread Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Dec - 7  BBQ Pulled Pork Burg Fruit and Yogurt Plate Baked Beans Creamy Coleslaw Fresh Apples Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk
Dec - 10  Hamburger Steak w/ G Grilled Fajita Salad Mashed Potatoes Green Peas Hot Cinnamon Apples Assorted Fruit Juices Whole Wheat Roll Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Dec - 11  Cheesy Chicken Over/ Chef Salad Saltine Crackers Cheesy Broccoli Summer Squash Pineapple Tidbits Assorted Fruit Juices Whole Wheat Roll Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Dec - 12  Mexican Pizza Chicken Tenders Sala Saltine Crackers Baked Beans Baby Carrots w/ Dressi Chilled Peach Slices Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Dec - 13  Taco Soup Nacho Chips, Extra Tomato Stuffed with Chicken Salad Saltine Crackers Whole Kernel Corn Assorted Vegetable Jui Fresh Fruit Bowl Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Dec - 14  Hot Dog Fruit and Yogurt Plate Criss Cut Sweet Potato Creamy Coleslaw Fruit Cocktail Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Mustard, PC, MS1538 Ketchup
Dec - 17  Chicken Spaghetti Tuna Salad with Crack Black-Eyed Peas California Veggies Chilled Peach Slices Assorted Fruit Juices Whole Wheat Roll Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Dec - 18  Sloppy Joe on Bun Chicken Salad w/Crack Crinkle Cut Fries Carrot-Raisin Salad Fresh Apples Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Ketchup	Dec - 19  Corn Dog Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Assorted Vegetable Jui Pineapple Tidbits Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Mustard, PC, MS1538	Dec - 20  Dressing Baked Ham Chef Salad Saltine Crackers Southern Turnip Green Carrot Souffle Fresh Fruit Bowl Hot Cinnamon Apples Whole Wheat Roll Yellow Cake Ice Cream Cup Variety Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Cranberry Sauce	Dec - 21  Fish Nuggets Fruit and Yogurt Plate Potato Salad Creamy Coleslaw Fresh Oranges Assorted Fruit Juices Hushpuppies Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Tartar Sauce Ketchup Mustard, PC, MS1538

This institution is an equal opportunity provider.

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.