

Greenwood Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 8 BBQ Rib Sandwich Tuna Salad with Crack Carrot-Raisin Salad Baked Beans Fruit Cocktail Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Oct - 9 Mandarin Chicken Fruit and Yogurt Plate Corn on the Cob Southern Green Beans Fresh Oranges Assorted Fruit Juices Whole Wheat Roll Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Oct - 10 No school	Oct - 11 No school	Oct - 12 No school
Oct - 15 Pepperoni Pizza Wedg Sausage Pizza Cheese Pizza Chicken Tenders Sala Saltine Crackers Whole Kernel Corn Criss Cut Sweet Potato Fruit Cocktail Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Oct - 16 Chicken Nuggets Tuna Salad with Crack Mashed Potatoes Black-Eyed Peas Sliced Strawberries Assorted Fruit Juices Whole Wheat Roll Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Variety of Dipping Sau	Oct - 17 Hamburger w/ Trimmin Chicken Salad w/Crack Baked Ranch Fries VEGETABLE JUICE- Flavored Raisins Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Ketchup Mayonnaise Mustard, PC, MS1538	Oct - 18 Steak Fingers Chef Salad Saltine Crackers Summer Squash Southern Turnip Green Fresh Apples Assorted Fruit Juices Cornbread Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Ketchup Barbecue Sauce	Oct - 19 Chicken Patty Sandwic Fruit and Yogurt Plate Crispy Sweet Potato Cubes California Veggies Fresh Oranges Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Ketchup Mayonnaise Mustard, PC, MS1538
Oct - 22 Meatballs in Marinara Sauce on Hoagie Bun Chicken Tenders Sala Saltine Crackers Corn on the Cob Tossed Salad w/ Dress Applesauce Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Oct - 23 Red Beans and Rice with Sausage Chef Salad Saltine Crackers Southern Mustard Gre Yam Patties Sliced Strawberries Assorted Fruit Juices Cornbread Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Oct - 24 Grilled Chicken Sandwi Tuna Salad with Crack Saltine Crackers Crinkle Cut Fries Assorted Vegetable Jui Fruit Cocktail Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Ketchup Mayonnaise Mustard, PC, MS1538	Oct - 25 Spaghetti & Meat Sauc Chicken Salad w/Crack Saltine Crackers Glazed Carrots Southern Green Beans Fresh Oranges Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Oct - 26 BBQ Pulled Pork Burg Fruit and Yogurt Plate Baked Beans Creamy Coleslaw Fresh Apples Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 29 Hamburger Steak w/ G Grilled Fajita Salad Mashed Potatoes Green Peas Hot Cinnamon Apples Assorted Fruit Juices Whole Wheat Roll Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Oct - 30 Cheesy Chicken Over/ Chef Salad Saltine Crackers Cheesy Broccoli Summer Squash Pineapple Tidbits Assorted Fruit Juices Whole Wheat Roll Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Oct - 31 Mexican Pizza Chicken Tenders Sala Saltine Crackers Baked Beans Baby Carrots w/ Dressi Chilled Peach Slices Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Nov - 1 Taco Soup Nacho Chips, Extra Tomato Stuffed with Chicken Salad Saltine Crackers Whole Kernel Corn Assorted Vegetable Jui Fresh Fruit Bowl Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Nov - 2 Hot Dog Fruit and Yogurt Plate Criss Cut Sweet Potato Creamy Coleslaw Fruit Cocktail Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Mustard, PC, MS1538 Ketchup

This institution is an equal opportunity provider.

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