

# Greenwood Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 17  Glazed BBQ Meatballs on Hoagie Bun Chicken Tenders Sala Saltine Crackers Corn on the Cob Tossed Salad w/ Dress Applesauce Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 18  Red Beans and Rice with Sausage Chef Salad Saltine Crackers Southern Mustard Gre Yam Patties Sliced Strawberries Assorted Fruit Juices Cornbread Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 19  Grilled Chicken Sandwi Tuna Salad with Crack Saltine Crackers Crinkle Cut Fries Assorted Vegetable Jui Fruit Cocktail Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Ketchup Mayonnaise Mustard, PC, MS1538	Sep - 20  Spaghetti & Meat Sauc Chicken Salad w/Crack Saltine Crackers Glazed Carrots Southern Green Beans Fresh Oranges Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 21  BBQ Pulled Pork Burg Fruit and Yogurt Plate Baked Beans Creamy Coleslaw Fresh Apples Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk
Sep - 24  Hamburger Steak w/ G Grilled Fajita Salad Mashed Potatoes with Cheese Green Peas Hot Cinnamon Apples Assorted Fruit Juices Whole Wheat Roll Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 25  Cheesy Chicken Over/ Chef Salad Saltine Crackers Steamed Broccoli Spe Summer Squash Pineapple Tidbits Assorted Fruit Juices Whole Wheat Roll Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 26  BBQ Chicken Flatbrea Chicken Tenders Sala Saltine Crackers Baked Beans Baby Carrots w/ Dressi Chilled Peach Slices Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Sep - 27  Beef Taco with Soft Tortilla Tomato Stuffed with Chicken Salad Saltine Crackers Whole Kernel Corn Assorted Vegetable Jui Fresh Fruit Bowl Frozen Fruit Juice Cup Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Taco Sauce	Sep - 28  Hot Dog Fruit and Yogurt Plate Criss Cut Sweet Potato Creamy Coleslaw Fresh Fruit Bowl Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Mustard, PC, MS1538 Ketchup Mayonnaise
Oct - 1  Chicken Spaghetti Tuna Salad with Crack Black-Eyed Peas California Veggies Chilled Peach Slices Assorted Fruit Juices Whole Wheat Roll Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Oct - 2  Beef Tips over Noodle Ranch Chicken Salad Steamed Spinach Steamed Carrots Applesauce Assorted Fruit Juices Whole Wheat Roll Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk	Oct - 3  Corn Dog Chef Salad Saltine Crackers Crispy Sweet Potato Cubes Assorted Vegetable Jui Pineapple Tidbits Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Mustard, PC, MS1538	Oct - 4  Sloppy Joe on Bun Chicken Salad w/Crack Crinkle Cut Fries Carrot-Raisin Salad Fresh Apples Assorted Fruit Juices Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Ketchup	Oct - 5  Fish Nuggets Fruit and Yogurt Plate Potato Salad Creamy Coleslaw Fresh Oranges Assorted Fruit Juices Hushpuppies Fat Free Milk Chocolate Milk Strawberry Milk Vanilla Fat Free Milk Low Fat Milk Tartar Sauce Ketchup Mustard, PC, MS1538

This institution is an equal opportunity provider.

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.